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Overview of Brain Healthy Eating: Research and Practical Experiences

Friday, April 13, 2018

8:30 am – 3 pm

Gadbois Hall, Saint Anselm College

Contact Hours: 5 Fee: \$109

Faculty: Nancy Emerson Lombardo, PhD,

President, Brain Health & Wellness Center, Acton, MA;

Adjunct Research Professor Assistant Professor of Neurology, Boston
University's School of Medicine and BU Alzheimer's Disease Center

*The program will explore, compare and contrast several different
research evidence-based "brain healthy" diets.*

Other Brain Healthy Lifestyles will also be discussed.

[Register Online](#)

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Friday, April 13, 2018

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